

Stephanie Yu-ching Chen(陳毓璟)

Professor

Department of Adult and Continuing Education
Chung Cheng University
168, University Rd., Min-Hsiung, Chia-Yi, Taiwan
Phone: 886-5-2720411 # 36106
E-mail: eduycc@ccu.edu.tw



Healthy aging & Intergenerational learning

Chronic disease self-management, Health promotion for elderly people in rural areas

Education

Ph. D. Department of health promotion and health education, National Taiwan Normal University, Taiwan

Employment History

Chief, Planning Division, Ministry of Health
Adjunct Associate Professor, National Taipei University of Education, Life Education and Health Promotion
Lecturer, Department of Public Health, Kaohsiung Medical University

Professional training

International Certificate in Intergenerational Practice (Generations Working Together)

Academic expertise

Age friendly community, Intergenerational learning, health promotion and education for elderly,

Projects & Researches

- 2011- Leading Cross-domain Credit Course of Intergenerational Co-creation
- 2018- Living Lab of Intergenerational Inclusive Community
- 2017-2019 Development of Volunteer's Educational Program from the Strength based Viewpoint: Community Empowerment of Chronic Disease self- management for the elderly
- 2019-2020 Action research on integrating intergenerational learning with a health aging curriculum that emphasizes health literacy and health skills
- 2020-2021 How Colleges Promote Intergenerational Communication through Intergenerational Learning in an Aging Society (I): A Study on the Promoting Intergenerational-Learning Policy by the Universities of the Third Age
- 2021-2022 How Colleges Promote Intergenerational Communication through Intergenerational Learning in an Aging Society (II): the teaching profession of intergenerational learning of and the development of teacher professional learning community
- 2021-2022 Research on the innovative teaching model and effectiveness evaluation of integrating the life course perspective and learning community strategy into the

- social gerontology curriculum
- 2022-2024 Research on the professional competence and characteristics of the leaders of intergenerational programs
- 2023-2025 Community Health and Awareness Promotion Project for Yunlin County
- 2025 A Study on Empowering Former Middle-Aged and Elderly Registered Nurses to Facilitate Health Self-Management Among the Elderly in the Community
- 2025-2027 Farm Work with Dignity: A Collective Efforts to Establishing a Social Safety Net for Occupational Health of Agricultural Workers in Chiayi and Yunlin District

Honors

- 2007 Model Civil Servant, Ministry of Health, Executive Yuan
- 2013 Excellent Tutor, School of Education, National Chung Cheng University
- 2013 Excellent Teaching Award, National Chung Cheng University Faculty of Education
- 2014 Teacher Excellent Teaching Award, National Chung Cheng University
- 2014 Rewards Excellent Teaching and Executing Teaching Excellence Program Outstanding Teachers, National Chung Cheng University (Teaching Category)
- 2015 Rewards Excellent Teaching and Executing Teaching Excellence Program Outstanding Teachers, National Chung Cheng University (Executive Category)
- 2016 Excellent Teaching and Execution of Teaching Excellence Program Outstanding Teachers Award, National Chung Cheng University (Executive Category)
- 2019 Special and Outstanding Talent Flexible Salary Award, National Chung Cheng University

Publications

- 1.Chen, S.Y., Chen, T.F., Chin, C.Y. (2025). A Study on the Development and Strategy of Promoting Intergenerational Learning in the University of the Third Age. *Educational Policy Forum*, 28(1), 95-138. DOI:10.53106/156082982025022801004
- 2.Lin, H.Y., Chen, SY. (2024). Intergenerational Program Integrated into Interdisciplinary Curriculum: A Case Study of the Island's Collective Memories Teaching Project. *Journal of Gerontechnology and Service Management*, 12(1) ,69-94. doi:10.6283/JOCSG.202403_12(1).69
- 3.Chang, E.Y., Chiu, C.J., Yang, W.L., Chen, S.Y.C. (2023). New image of growing old: A content analysis of books written by baby boomers in Taiwan. *International Journal of Qualitative Studies on Health and Well-Being*, DOI:10.1080/17482631.2023.2207926
4. Chen, S.Y. (2021). Integrating intergenerational learning into elder education in university: a case study from Taiwan. *Journal of Intergenerational Relationships*. 19(3),305-324. DOI: 10.1080/15350770.2020.1780180
5. Chen, S.Y. (2020). Self-care and medical treatment-seeking behaviours of older adults in rural areas of Taiwan: Coping with low literacy. *International Quarterly of Community Health Education*, 41(1),69-75.
6. Chen, S.Y. (2020). A feasibility study on the cross-generational teaching model of higher education. *Educational Policy Forum* , 23(4) , 63-95. DOI:10.3966/156082982020112304003(in Chinese)74.Chen,S.Y. (2019) . Effects of multiple-creative teaching strategies in a healthy aging course for college students: From health self-awareness to action. *Journal of Research in Education Sciences*, 64(2), 161-190. DOI:10.6209/JORIES.201906 _64

(2).0006 (in Chinese)

7. Chen,S.Y. (2018). Learning with active rural community-dwelling older adults: comprehensive effects of intergenerational service-learning in Taiwan. *Journal of Intergenerational Relationships*, 16(3), 287-301.
8. Chen,S.Y. (2018). Educational approaches to promote successful aging in rural Taiwan. *Taiwan Insight* (on line published)
- 9.Chen,S.Y. (2017) . An action research about using strengths-based perspective to develop an educational program to empower volunteers to assist older adults with knee osteoarthritis self-management. *Journal of Health Promotion and Health Education* ,47, 39-67(in Chinese)
- 10.Chen,S.Y. (2014) . Learning process and effects of incorporating intergenerational learning in a social gerontology course. *Research in Education Sciences*, 59(4), 1-28. doi:10.6209/JORIES.2014.59(3).01(in Chinese)
- 11.Chen,S.Y. (2011) .Perceptions and coping strategies of elderly patients with knee osteoarthritis. *Journal of Health Promotion and Health Education*, 36, 1-33. (In Chinese)